

NASA United FC



WINTER TRAINING 2016/2017

BOYS & GIRLS AGES 5 – 17

Winter Training for 2016-2017 is back for another exciting year! After a complete sell-out, the program has expanded to include Winter Training and Winter Select Teams. Winter Training will utilize the advantages of Turf City to help improve a player's overall soccer speed and ability (dribbling & passing). Each group will have a reduced player size to allow for more instruction time. Turf City offers 2 large state-of-the-art turf fields, surrounded by walls which allows for non-stop, off-the-boards, fast paced action.

The Winter Training Program will run for 2 sessions of 6 weeks. Team Training is available for U7–U14 Teams.



Winter Indoor will focus on developing players in the following areas:

* Fast Paced Dribbling

* Quick Touch Passing

* Attacking Skills

* Improve Speed and Footwork

* 60 Minutes of Non-Stop Action

For more information or to register, visit www.nasaunited.com

Player Cost: \$155 per session (6 weeks each)

Dates: Session #1: 12/6, 12/13, 12/20, 1/3, 1/10, 1/17

Session #2: 1/24, 1/31, 2/7, 2/14, 2/21, 2/28

Discounts: - \$15 OFF for early registration (1 session) by 11/27

- \$50 OFF for signing up for both sessions by 11/27

Team Training Discount: Contact us for pricing and scheduling (nasa@nasaunited.com)

Age Groups: (U5 - U7), (U8 - U10), (U11 - U14), (U15 - U18)

Location: Turf City, 1235 Route 23 South, Wayne, NJ 07470

Players will be grouped according to age/skill level and will be evaluated by NASA staff. Advanced players will be invited to participate on one of the NASA United select teams.







